Going Again...

The UK Circumnavigation from both directions

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Apologies







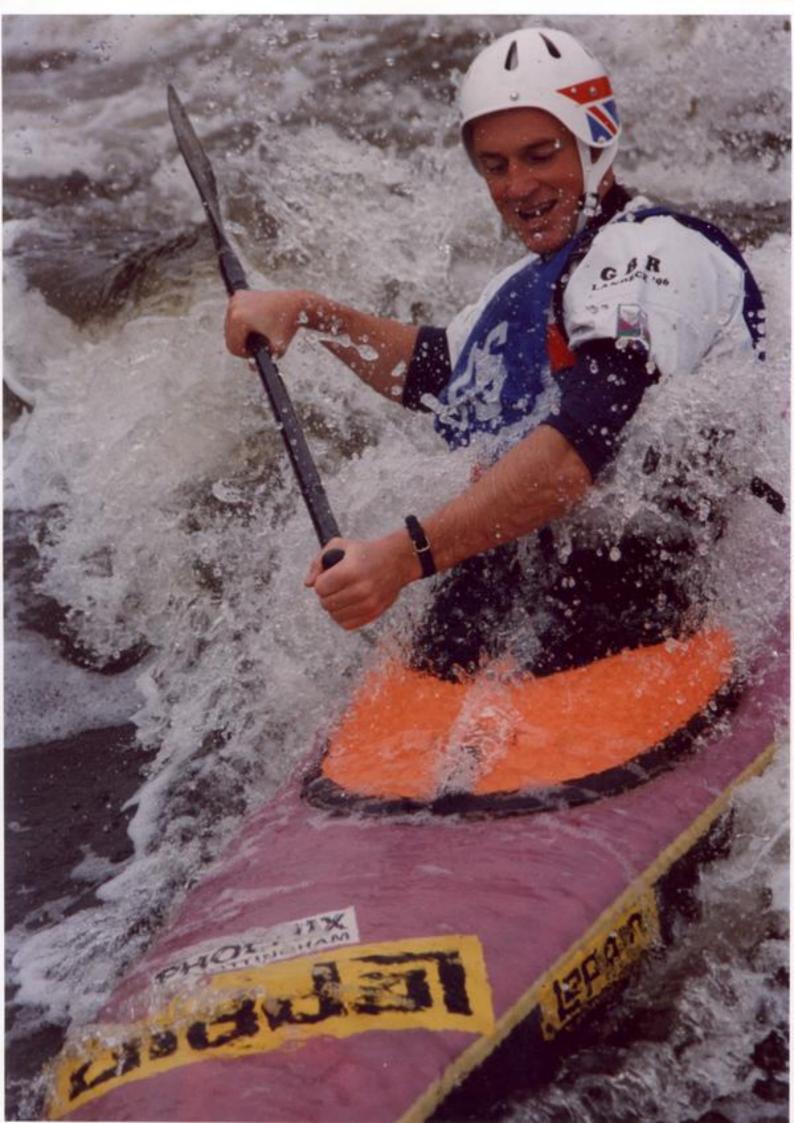


Some Statistics

	UK1	UK2
	13 th Apr – 23 rd June	21 st May – 11 th Aug
Elapsed:	72 days	83 days
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	(2040 miles, 3284 km)	(2140 miles, 3445 km)
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Background 30 years of getting ready

Working my way up Doing a Kylie Races, Challenges and Records









Why UK1?

Why UK2?

Why Anti-Clockwise?

Why Supported?

























Why UK1?

Why UK2?

Why Anti-Clockwise?

Why Supported?

Preparation

Maps, Boxes and Boats



Heading South

Under Way

Why Lundy? Dusky Devon Easy Land's End



Lundy

Day 1 – 21st May Stackpole Head - Lundy

> 30.03 nm 07:32 hrs O.A. 3.99 kts

Why Lundy? First-day faff! The Bearded Willy-dangler





















WESTERN APPROACHES TO SAINT GEORGE'S CHANNEL BRISTOL CHANNEL **DEPTHS IN METRES**

SCALE 1:500-000 at lat 55'00'

the are in resource and one reduced to Charl Durise, which providentially the level of Lorentz Astronomical Field for are to horse Underland System are drying largence or Charl Durise. All other brights are other black Bart

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ENGLAND

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CALCELLARY AND DECKN

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The First Corner

Onto the South Coast

Lovely Lizard Nice Miles! Return to Bud! Suffering the Shingle













Portland Bill

Day 14 – 3rd June West Bay - Portland

> 23.7 nm 05:01 hrs O.A. 4.73 kts

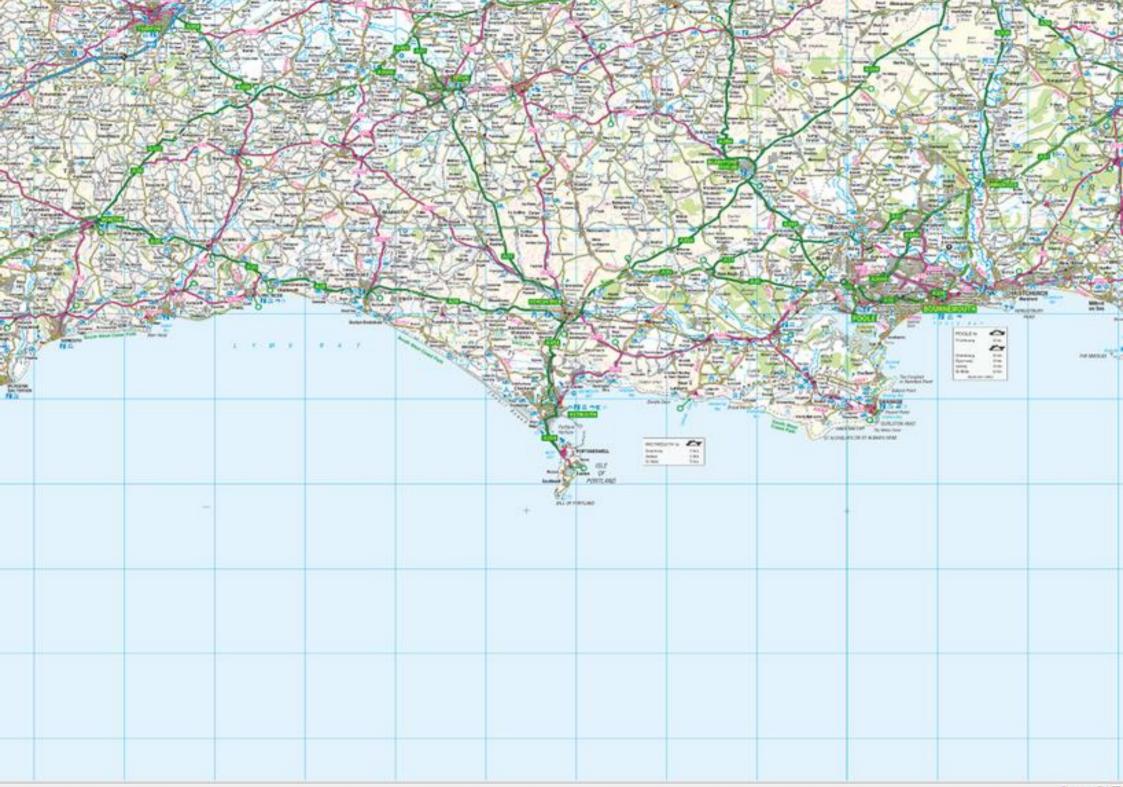
3 hours of gravel Portland – for the last time

Portland Bill

Day 14, Weymouth - from the diary:

"...Glad that is over. Portland Bill was rather unpleasant – don't ever want to do that again. Never again."







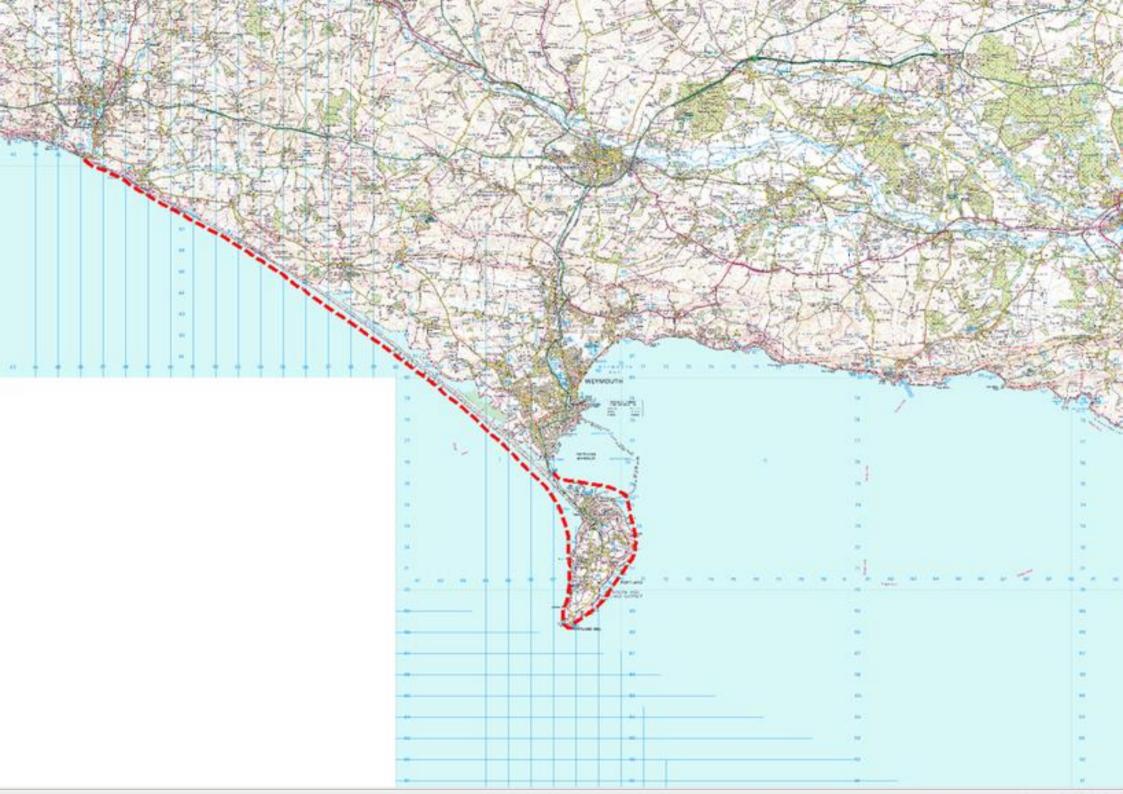














The Solent

Day 16 – 5th June Swanage - Gosport

> 35.1 nm 06:16 hrs O.A. 5.59 kts

Downwind Surf Posh Bingo Dodging Boats Start of the Shingle



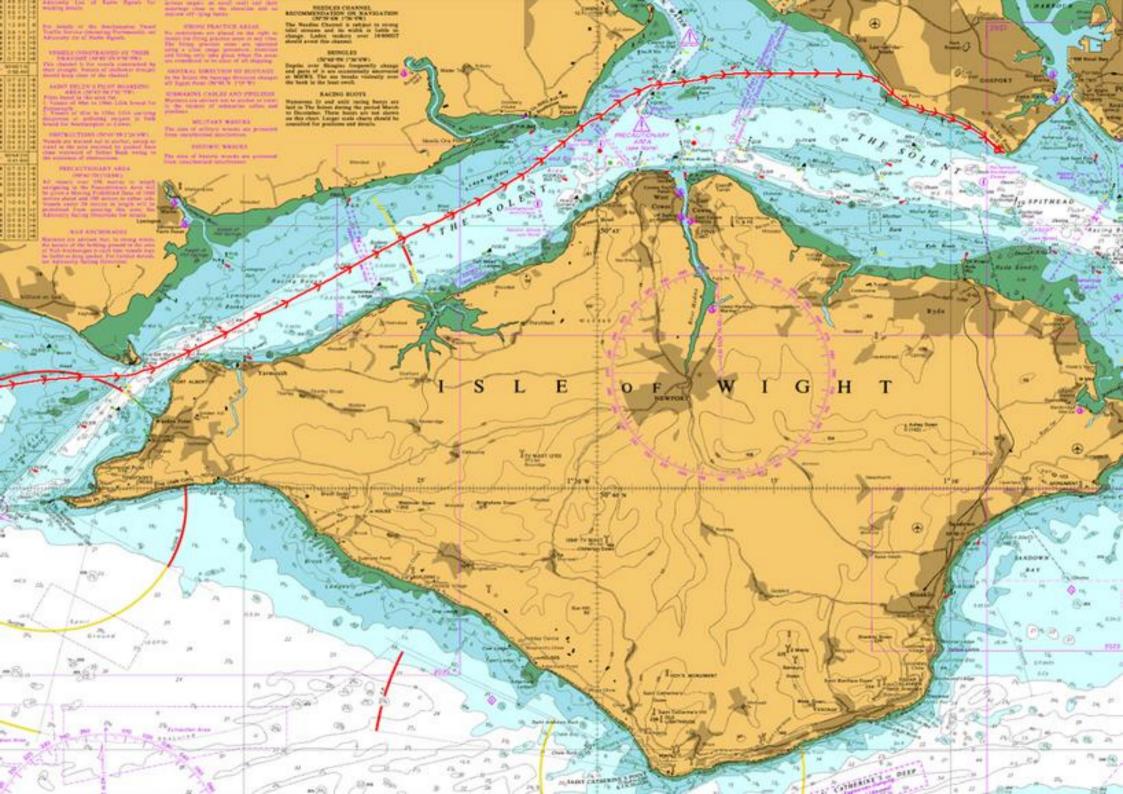




























Dungeness

Day 20 – 9th June Hastings - Dungeness

> 19.6 nm 06:15 hrs O.A. 3.14 kts

Lies, Threats and More Shingle High Pressure!





























Van Life

'Where the **** is my ****** cag? Well, who put it there then?'

Bad Back

More Kit, Dry Kit

Van Admin

Expense

Too Comfortable

Tourist or Adventurer

Consideration

Close Quarters

A day in the office (UK1)

Alarm goes off far too early Check for pain/anything that has dropped off in the night Food Empty tent, pack kit and drop tent Shift kit and boat to water Change into paddle kit, load boat and final pack Now 2hrs since alarm

Launch

Paddle Paddle some more Scary landing*

Shift kit and boat up beach Pitch tent, unload boat, unpack kit Food Plan for next day Diary Blog Bed Repeat * usually





Heading North The East Coast

> Nice Norfolk Pleasantly Boring Dodgy Defences Endless Erosion

On The Ebb

Day 26, Shingle Street - from Team Manager's diary: "John arrived exhausted and upset, he had an awful crossing to Felixstowe."

On The Ebb

Paddling the wrong way

Wind Over Tide Swell Over Tide – Am Balg, Strathy Point Featuring Downstream - The Tay Paddling Floods and Shifts



Felixstowe

Day 26 – 15th June Frinton on Sea – Shingle Street

14.6 nm 03:51 hrs O.A. 3.8 kts

Monster Faff Anti-Clockwise Lessons Even More Shingle!













Those Faffing Instincts

Day 47, Lossiemouth – from Team Manager's diary: "Not enough sleep leaves me faffing and undecided all morning".

My diary: "I could agree with this of course, but I'm too tired and can't be arsed."

























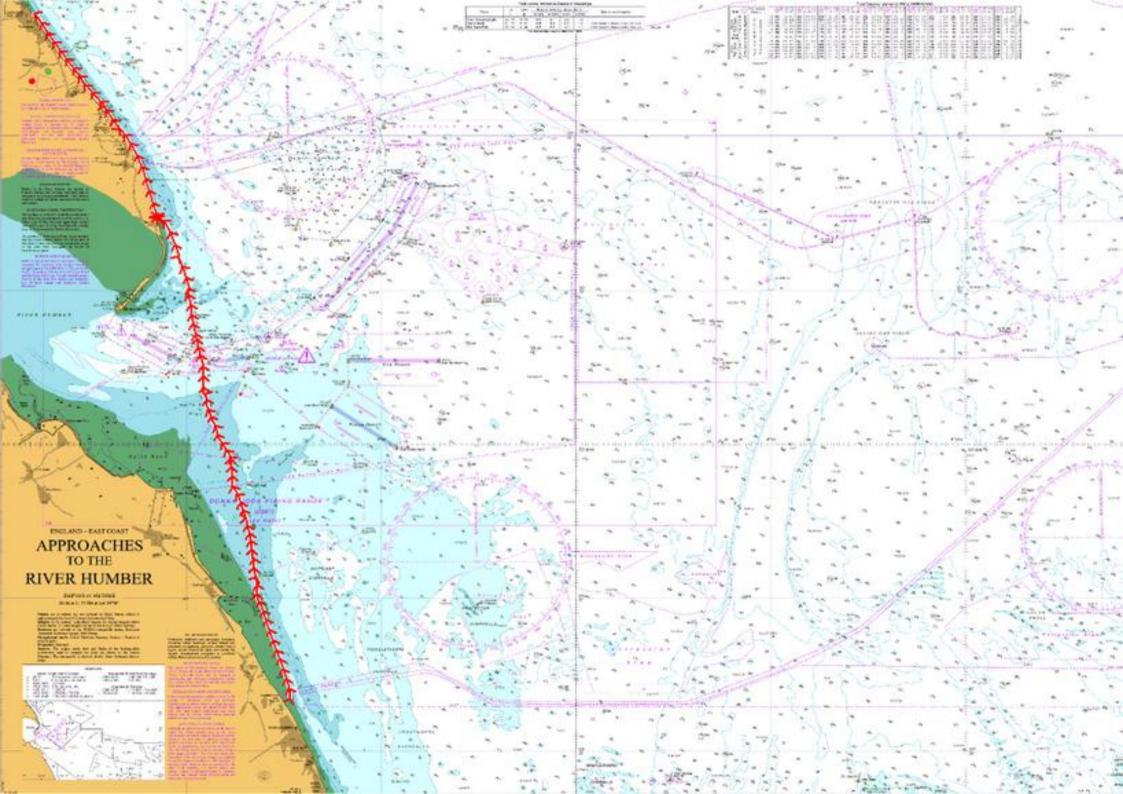
Withernsea

Day 33 – 22nd June Mablethorpe - Withernsea

> 24.5 nm 07:18 hrs O.A. 3.36 kts

Dodging Donna Crossing the Humber 3 pm weather Deja Vu, once again...























APPROXIMATELY 1 MILLE OLFSHORE FROM THIS POINT LIES THE SLIE OF THE 15TH CENTURA CHARCE OF ST. MARY THE VERCEN LOSE OF THE SISTERRENES] LOSE TO EROSION EVIDE DOD 1 STE CENTURAL









The Pressure...

Daily Decisions 15-25 mph Winds 100 days One Direction Confidence











Hornsea Beach

BEACH DESCRIPTION

Harmon Beach is a long recard beach one bismetric in hunght, is is reache on of anull and petitizes and is at sarying beights as a result of the manuement accords grownes which have been investiged to protect the beam from constal areness.

Unlass series water runst! and lord psychiations word around the late may after! the later water quality. After freevy rands!, the water may wantize anto the latiting water are in Dream Dyle. Eatting water quality may assessing the affected by late water and stams overflows, gammalarly after beary rateful.













Crossing The Border

Shift Work Timing of the Ebb More Lessons Cape Wrath













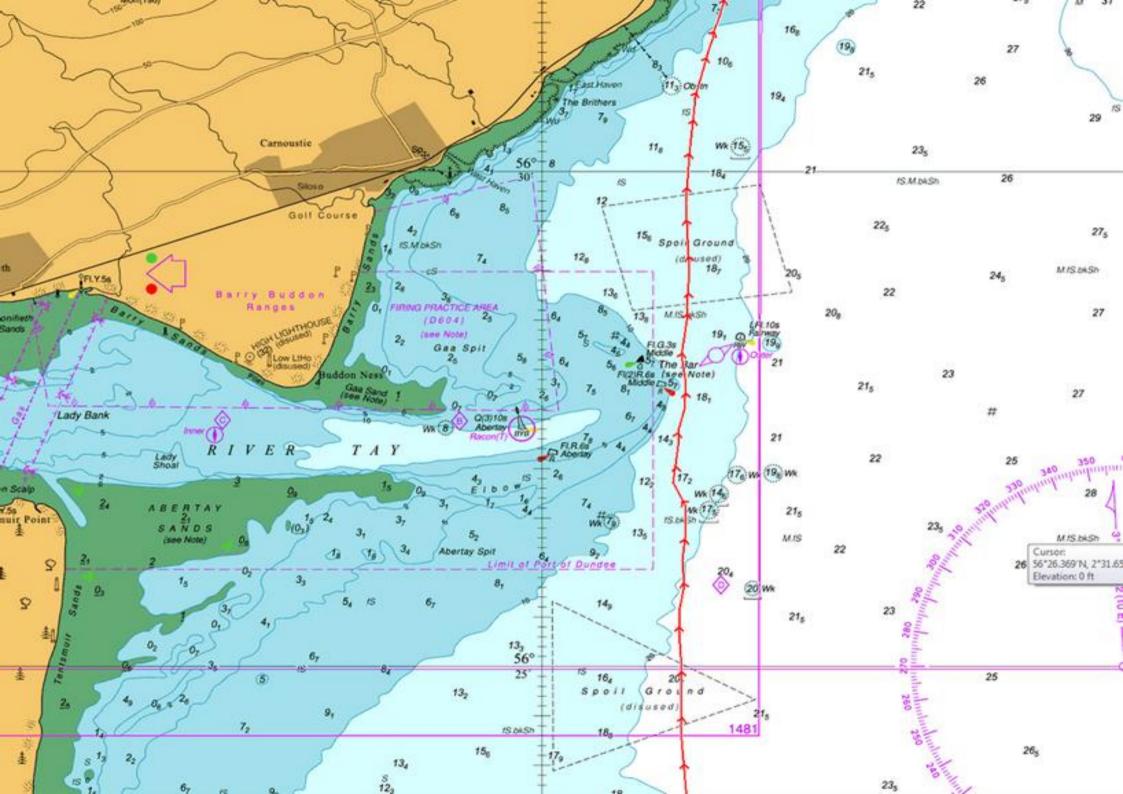


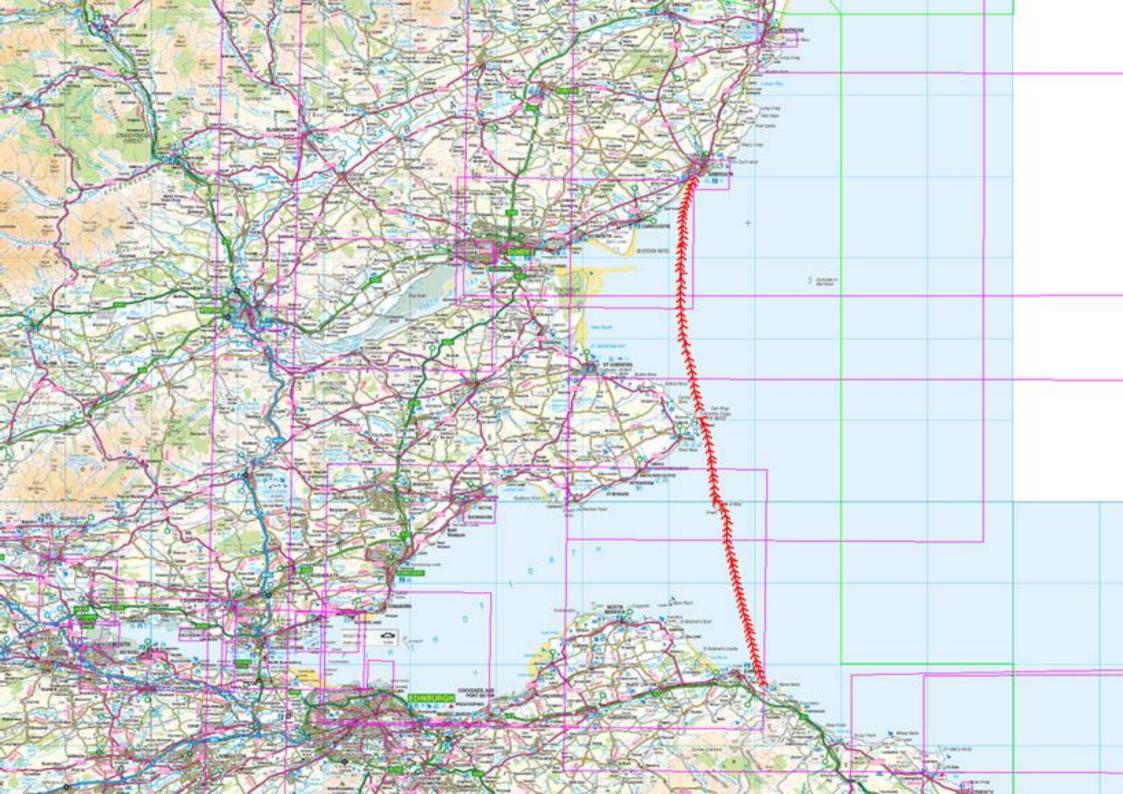
Sting in the Tay

Day 41 – 30th June Dunbar - Arbroath

> 34.6 nm 07:31 hrs O.A. 4.61 kts

WTF? A Complacency Lesson Return Ticket



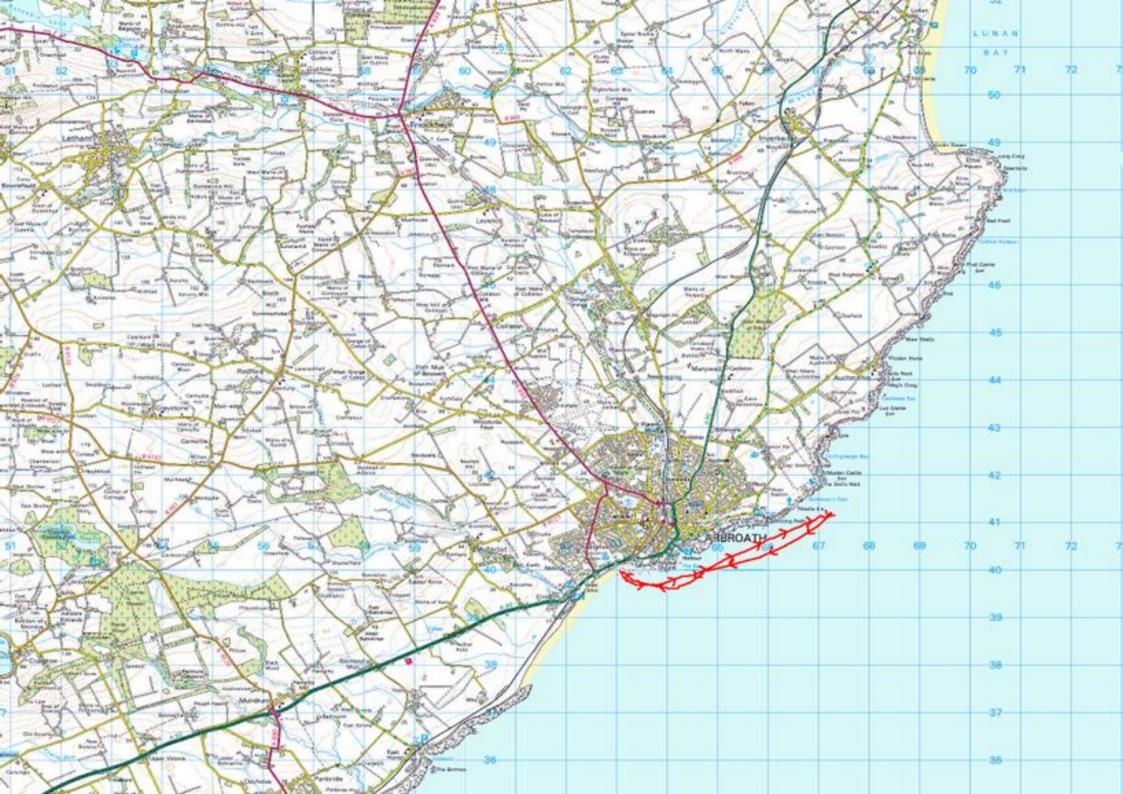


Turning Back

Day 42 – 1st July Arbroath - Arbroath

> 5.1 nm 01:11 hrs O.A. 4.34 kts

Local Knowledge































Duncansby Head

Day 52 – 11th July Dunbeath - Harrow

> 38.37 nm 08:22 hrs O.A. 4.59 kts

Reputations and Reality Evolving Plans Going well













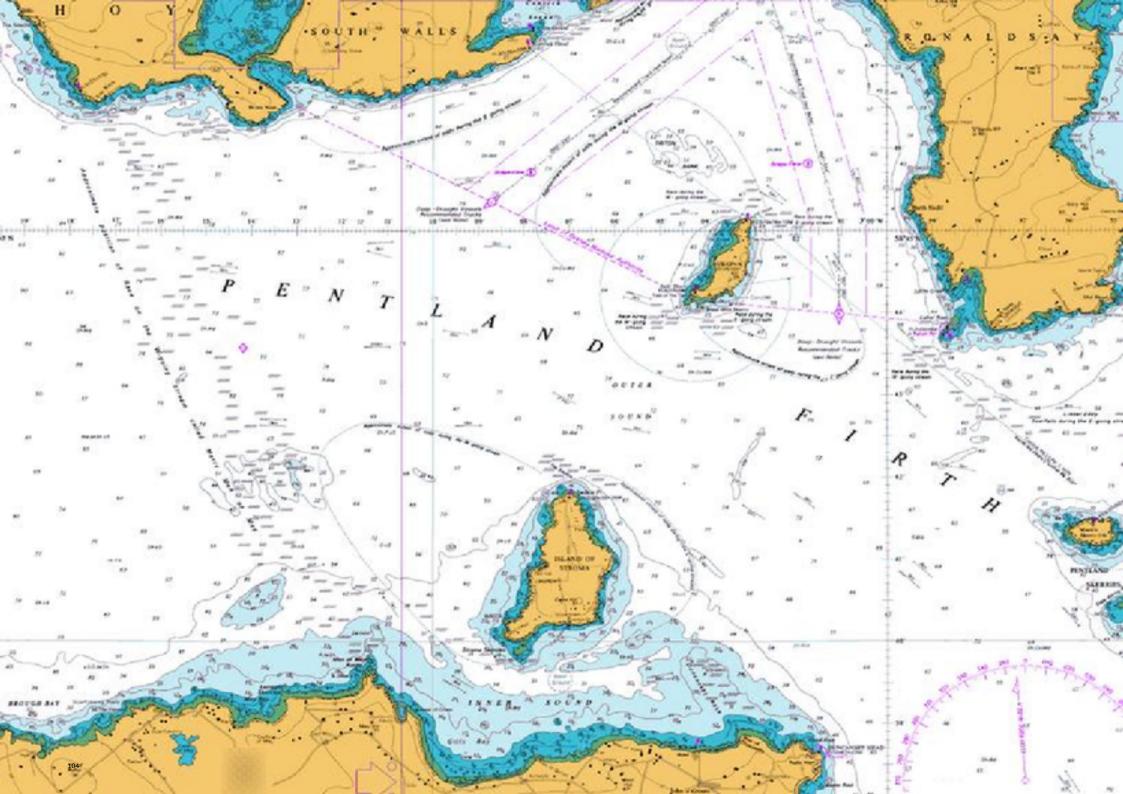


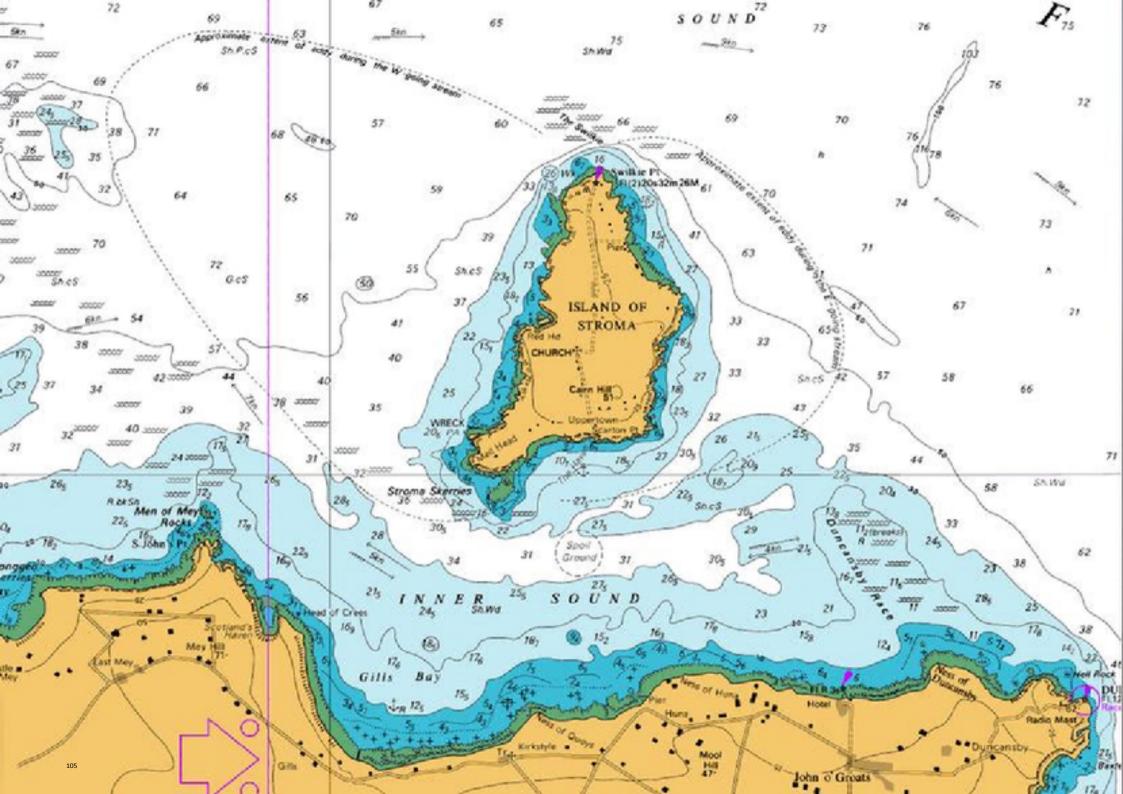


















Hanging a Louie

Day 53, Harrow – from Team Manager's diary:

"One thing about this trip, no achievement is cherished long, a new challenge always lies ahead."

Hanging a Louie

Scotland's North Coast

Hero to Zero (ish) Flatlining - Nerves and Emotions Vanman - Durness Wrath Worries

Brough

Day 53 – 12th July Harrow - Brough

> 4.86 nm 01:31 hrs O.A. 3.2 kts

Shortest Day Easy Come, Easy Go

Duncansby Head

Day 52 – 11th July Dunbeath - Harrow

> 38.37 nm 08:22 hrs O.A. 4.59 kts

Reputations and Reality Chasing the Weather Going well





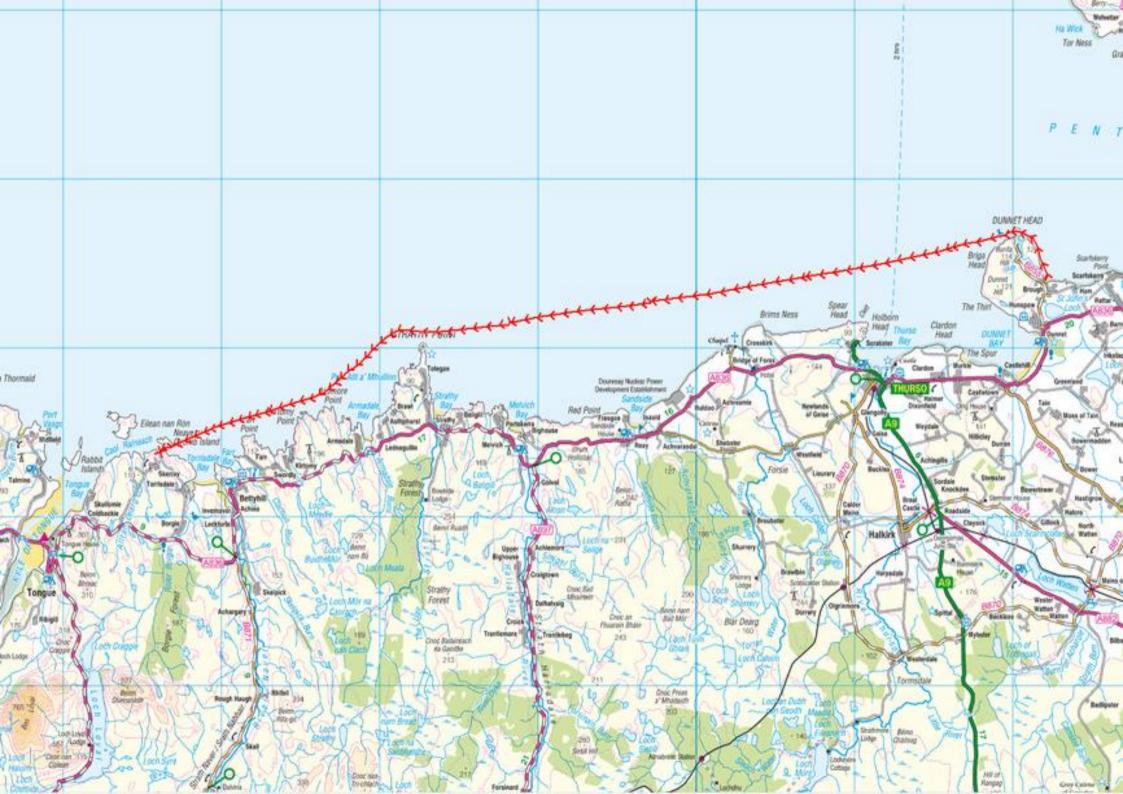
Strathy Point

Day 54 – 13th July Brough – Clasheddy

> 33 nm 07:18 hrs O.A. 4.52 kts

Cape Wrath Lite





Cape Wrath

Day 56 – 15th July Durness - Scourie

> 30.0 nm 07:34 hrs O.A. 3.96 kts

Heaven and Hell



























Heading South 2

Heading Home

Nemesis The Long Way Around Final Days

Rubha Reidh - Nemesis

Day 57 – 16th July Scourie - Gairloch

> 46.4 nm 10:31 hrs

A score to settle













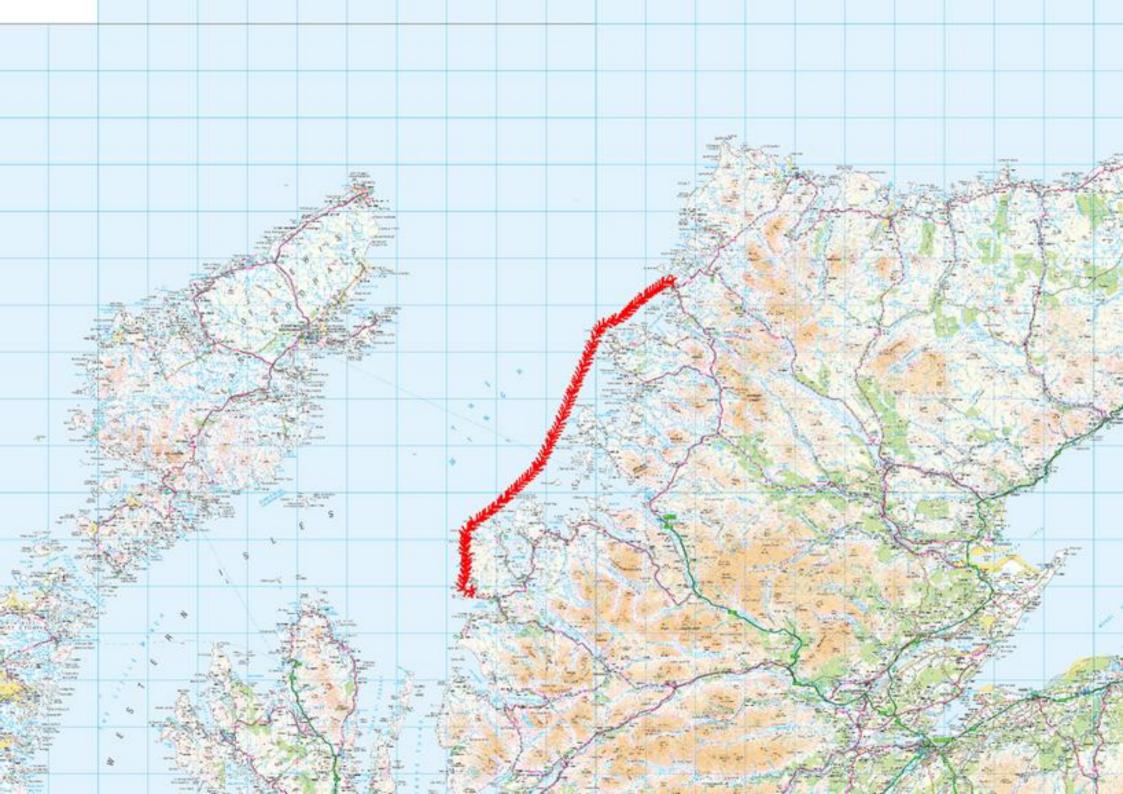






















Ardnamurchan

Day 57 – 20th July Portnaluchaig - Kinlochan

> 25.3 nm 06:46 hrs O.A. 3.74 kts

On Your Marks Big Dog Bit of a Battering





















The Long Way Around

The Irish Sea

Do I?... Don't I? Dodgy Lorry Driver Bye-Bye Scotland





Morecambe Bay

Day 73 – 1st Aug Roa Island - Bispham

> 16.2 nm 03:30 hrs O.A. 4.63 kts

Crossing the Bay Pooh Sticks Lucky After All

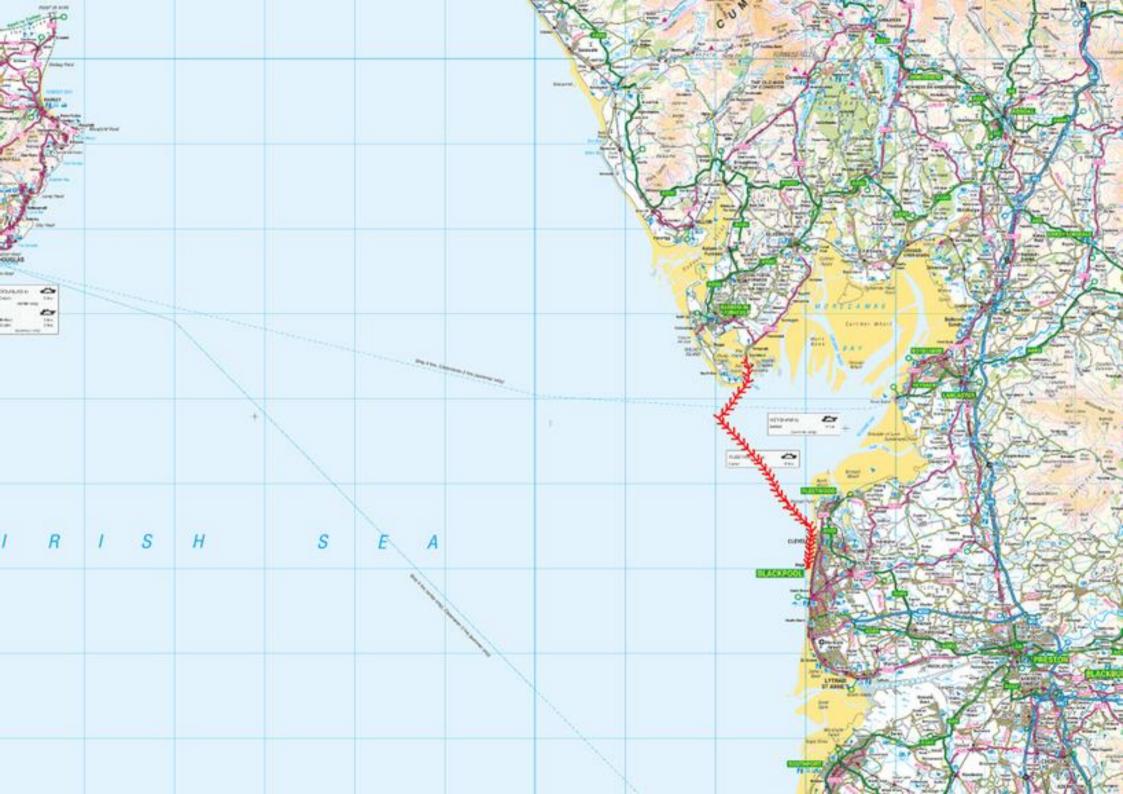














Nearly Home

Day 76, Llandudno – from Team Manager's diary:

"From here to the end I will have a little voice in my head 'Be careful, very careful.' You only finish once you cross the line, until then the sea is as dangerous as ever. Concentration and care are needed."











The Final Day

Day 83 – 11th Aug Porthgain – Broad Haven

> 34.9 nm 07:17 hrs O.A. 4.79 kts

Larry, You Tit! Happy Birthday! The Fat Lady Sings



















































Aftermath

From the Blog:

"So how did it all go?

Well, it was cold, damp, stressful, tiring, expensive, intense, frustrating, challenging, scary, rewarding, disappointing and a touch dodgy.

It went pretty well, all things considered."



After-effects

Back Weight Fatigue Decision-making Quota Motivation Emotions Confidence



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Blog: anticlockwisekayak.blogspot.com

More Info: performanceseakayak.co.uk/Archive

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On the Deck

OS Maps 'n' Charts GPS Food









Wildlife

Birds – Weather Forecasters Seals – on deck Whales – Follow the gulls Dolphins – Taking the mickey in Newquay Piggies